

PE Curriculum

At St John's we work hard and aim high and are good friends to each other. Our Christian school is a happy place where learning together is fun.

Intent:

At St Johns CE Primary, our intention is to inspire and engage ALL pupils in sporting activities by providing a wide range of opportunities within school, after school and within the wider community. This includes short active classroom breaks (to take part in The Daily Mile). The aim is to help to foster the children's interest in their own physical wellbeing and the adoption of a healthy lifestyle in order to establish long lasting lifestyle messages, and a lifelong love of sport. The children will develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising. This also incorporates our Christian values - positively encouraging children to share, respect, support, trust and work collaboratively with others.

At St Johns, we promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being. We develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency. At St Johns we seek to develop an increasing ability to select, link and apply skills, tactics and compositional ideas.

Our PE Curriculum is delivered in the main by our Level 5 Sport Coach in line with the requirement of the National Curriculum

The PE curriculum provides a sequence of lessons which ensures there is a progression of skills and concepts as required by the National Curriculum. The Schools Sports Premium is used effectively to allow pupils to take part in the West Lancashire Schools Partnership events. This in turn means that the children are given the opportunity to aspire to compete not only locally but after qualification, in events at regional level, at the Lancashire School Games Festival in Blackpool.

There is a greater emphasis by the partnership to offers more sports events and competitions for lower attaining and SEN children, thereby allowing ALL to participate in sport in line with the national focus for ALL children to benefit from sport.

Cross Curriculum links

English Links between PE and English include: writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, and movement within drama.

Maths Links between PE and Mathematics include: measurement, shape and space, sequences, number, angles, position and movement, rotation and time.

Science / Healthy Eating The school recognises that physical activity is just one element of a healthy lifestyle and actively promotes healthy eating to help combat child obesity. These messages are shared in clubs and lessons, besides further discussions in discrete Science lessons.

PSHE and PE links include following rules, living healthily, co-operating with others and understanding fairness and equality.

PE offers many opportunities that support the social and emotional development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

Inclusive and Equal opportunities for all:

Class teachers will promote ownership of having PE kit, but often spares can be made available for any occasional circumstances where a child does not have their own in school. Lessons will provide good quality experiences that are suitably challenging for all pupils. Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities, differentiated when necessary. For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of each child. For the purposes of competitions, all children will be given the opportunity to participate in the experience. Every child in school participates in the annual and successful sports day.

EYFS teachers lay strong foundations focusing on fundamental movements, fine and gross motor skills.

Implementation:

The curriculum is successfully implemented to ensure pupils' progression in knowledge, so they are basically 'learning the curriculum'; Skills are learnt from the start of the child's St John's journey, and developed, challenged and enhanced as they progress through school.

Pupil Sports Premium: The school has a detailed plan to improve the quality of PE provision for all pupils. This is updated and reviewed by Governors and the Head Teacher. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

The PE Co-ordinator, the Head Teacher, and the Governors regularly review and quality assure the subject to ensure that it is implemented sufficiently well and in line with the National Curriculum. The co-ordinator will make changes if necessary, to keep in line with the National Curriculum Objectives, plus the expertise of the PE Staff will be able to adapt accordingly, to meet the needs of their children, and to link in with other subjects within their classroom topics. Additional support or CPD will be made available to any Staff that feels the need to develop their knowledge further.

Through revisiting and consolidating skills our PE lessons help build on prior knowledge alongside introducing new challenges and skills. Revision and introduction of key vocabulary and demonstration of skills is built into each lesson.

Impact:

Our PE Curriculum is well thought out with weather appropriate activities and is planned to demonstrate and achieve progression. In addition, we measure the impact of our curriculum through the following methods:

Monitoring and Evaluation

- Assessment is usually carried out by PE Staff during the normal class activity. This is done mainly through observations as well as discussion with the children.
- Peer assessing is often used, which in turn develops their speaking and listening skills.
- Photographic/video recordings are used to document and showcase the childrens' work.
- Physical Education is also included as part of the end of year school reports to parents.
- Surveys / Interviews with children will also gain a true perspective through the eyes of the children

Children become more active and continue to do so throughout their school journey. Children become more active during playtimes and are given opportunities to take on leadership roles to encourage the next active generation. They become proud of their sporting achievements and want to be more active for the betterment of themselves.

Children feel supported, develop a sense of well-being and team-work and are better equipped to deal with any mental health issues.

Leadership and Management

The coordinator will:

- Empower colleagues to teach PE to a high Standard and support the Staff where necessary with any further support or CPD.
- Monitor the way PE is taught throughout school; observing, discussing and through questionnaires.
- Examine long term and medium-term plans and advise on appropriate teaching Strategies, with the expertise and responsibility for monitoring Standards.

Our governors are responsible for monitoring the way our school curriculum is implemented. However, the Head Teacher is responsible for the day to day organisation of the curriculum, which is set out within the long-term plan, alongside other non-core subjects. The Head Teacher monitors the curriculum through planning, classroom observation, liaising with coordinators and the Leadership Team.

Partnerships with Parents

Parents are very supportive of the sporting curriculum offered by St Johns, which is evident in the many and varied extra-curricular school competitions - where they are able to attend. The PE Staff provides advance details of any such extra-curricular event.

Health and Safety

PE Staff have due regard and competency for preparing and delivering PE lessons, and will seek support, help or advice prior to any activity they are less sure about. Pupils are taught how to improve their own abilities to assess risks. First Aid equipment is available, and all Staff are trained in what action to take, including calling for assistance in the event of an accident.

Inhalers for pupils suffering from asthma are made readily accessible. Children with diabetes and epilepsy are monitored closely throughout and after PE lessons by Staff.

Regular checks are made on all equipment. The PE staff make termly visual checks for wear and tear and security of major items, and all Staff are responsible for reporting to the subject leader if any items show wear and tear. Any items constituting a danger would be taken out of use immediately. Pupils are taught how to move and use apparatus safely under the supervision of PE Staff. Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey Stick above the waist, not jumping or running in front of others). Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery. (Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.)