

Some interesting facts about... Stan

Stan's superpowers are kept safe inside his body, just below his belly button, home of the special sacral chakra.

Stan's special symbol is Butterfly which always reminds him that he can grow and change into anything that he wants to be...

Stan loves every part of himself and is always there to remind others how beautiful they are too... just like a butterfly, both inside and out.



With wings I can go anywhere,
With wings I can soar high,
I can be anything that I want to be,

I am... **Butterfly**

Stan says.. **I am Friendship, I am Proud, I am Creative.**

Stan loves... to create!

When Stan is with the other YogaBears, he can always think of new games to play, pictures to draw, sandcastles or dens to build, or even a new song to sing!

Stan loves to combine his favourite yoga postures with the other YogaBears. Yoga is even more fun with a partner, and the fun Stan has creating new postures with his friends is as colourful as his smile!

Now you have connected to your sacral chakra with Stan, orange superpowers. please use your special page to write down whenever you connect to your You can then look back at this special page whenever you want, to bring you closer to Stan and your very own orange superpowers!

When do you feel connected to your **FRIENDS**?

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What makes you feel **PROUD**?

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What makes you feel **CREATIVE**?

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